

2026 Adult Women's Volleyball Handbook



\Welcome to Colby Recreation,

On behalf of the Colby Recreation Department, we are thrilled that you and your friends have decided to invest your time and efforts into our Adult Women's Volleyball League this Winter. It is our duty to provide the most positive and exciting recreational experience that we can. From league organization, to gameday preparation, to on site officiating, it is a team effort to bring satisfaction to all members of the league.

If you are a manager receiving this handbook, we ask that you share the information with all members of your team. Proper communication and knowledge of rules and standards will go a long way into making our leagues a success. If at any point in the season you have a question/comment/or concern, feel free to contact the league director (information provided below). There will be no managers meeting, your team will fill out a roster waiver form the first night of games. The following pages should help clear up confusion and questions that you may already have.

Once again, we are excited to have you on board and anxious to get the season started!

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Important Dates to Remember:

(Dates are tentative and subject to change upon unseen circumstances)

Deadline- January 23rd

First Day of Games- February 1st

Registration Cost: \$240

Season Length: 10 games

Divisions: If we have enough to run an upper and lower division, we will try. Please put down if your team should be playing in the upper or lower division. The Recreation Dept will contact teams to ensure that the right division is being used for teams.

Tournament Style- Single Elimination

Gamedays:

Sundays/Mondays

-February 1 st	(Sunday)
-February 2 nd	(Monday)
-February 8 th	(Sunday- only till 4pm)
-February 9 th	(Monday)
-February 15 th	(Sunday)
-February 22 nd	(Sunday)
-March 1 st	(Sunday)

Tournament

Sunday March 8th

Rainout/Weather Information:

We have a procedure that we follow when cancelling/postponing games. Once a decision is made regarding weather a phonecall will be first sent out to all managers. We will then post the update on our social media platforms (Facebook). It may be helpful to follow these accounts to stay in tuned not only with weather cancellations but other happenings as well.

Facebook: @ColbyRecDepartment

If any games are missed due to bad weather we will try everything we can to get it rescheduled, but there are no guarantees due to a limited amount of court space.

Note: Weather is constantly changing, and conditions can vary hour to hour. As soon as we know something, we will communicate it. Please, if you have any questions stay in tuned to your email and our social media platforms.

Short on Players?

Every year our department receives many calls about people wanting to play, but not having the resources around them to join a team. We are attempting to supply those resources to those in need of a team, and those teams in need of players. If you are in one of these situations, please contact the Recreation Department and we will try the best we can to assist you.

RULES AND REGULATIONS

The following sections will describe all rules and regulations of the league in detail. If you still have questions, please contact us and we can help clarify all information.

LEAGUE FORMAT

- Each team will receive a 10-game guarantee.
- All teams will advance to the single elimination tournament at the end of the season. Seeding will be based on regular season record.
- We will do our best to have a doubleheader each evening. It is important to always double check the schedule to ensure everyone is on the same page.
- We will split into two divisions if possible (Competitive, Recreation)

MANAGER'S RESPONSIBILITY

The manager is the primary link between their team and league management. It is the manager's duty to obtain all information regarding league play and relay all information to their teammates.

- Reading rules and gym policies prior to starting league play and informing the players of the rules.
- Obtaining league information pertaining to registration deadlines, make-up schedules, etc.
- Informing league office of changes in his/her email address and/or telephone number.
- Having all players read and sign the team roster/waiver **BEFORE** playing and ascertain the eligibility of each player signing the roster.
- Maintaining control over his/her players in all circumstances including disputes on the court.

FORFEITS

- Colby Recreation understands if your team needs to forfeit a game. But forfeiting two game nights will result in a consultation from the league supervisor and possible removal from the league.
- Any team forfeiting two game nights during a season without notifying the Recreation office before the fact will result in disqualification from the league. No refunds of entry fees will be given. All remaining games will be recorded as losses. Also, If your team forfeits a game without notifying the recreation department before Sunday at 11:00 am via email (recreation@cityofcolbyks.gov) or by phone call or text @ 785-269-8849, then they will be charged a \$25 forfeit fee.

ROSTERS

- All rosters must be completed and must include the player's name and signature. A staff member will have these roster waivers present the first night of games. Each player will need to sign the roster waiver before participating. If you have a player absent the first week, they will need to sign it the second week of games.
- All players eligible for the tournament must play at least one regular season game with their team.
- Each player can only play on **ONE TEAM** during the season. If a player is seen playing on multiple teams it could result in team disqualification from the league. If a team is short on players and a sub is needed to make the game happen, it must be cleared by both managers and the league director.
- You may only have two collegiate volleyball players on your roster.
- All players must be 18 years of age or over to play in the league.

GAMETIME / GRACE PERIOD

- Teams are expected to be ready to play 5-10 minutes before the start of their game
- Teams must have at least 3 rostered players present to begin the game.
- Scheduled start time is game time. If you do not have enough players at start time, then you will forfeit the first set. If you do not have enough players by 15 minutes after start time, then you will forfeit the entire match.
- Matches are scheduled in 45-minute increments.
- The Rec Department will do the best they can to stay on schedule.

LEAGUE STANDINGS / PLAYOFF TOURNAMENT

- League standings will be updated weekly and emailed to all managers. You can view the schedules off of our site www.crdactivities.com
- Tie-breakers will go off of...
 1. Overall record
 2. Head-to-head results between all teams involved
 3. Total point differential in all games
 4. Most points scored
 5. Coin Flip

GAMEPLAY

- Matches will consist of the best 2/3 games using rally scoring to 25 (WIN BY 2). If a third game is needed it will be played to 15 (Win by 1). There will be no 40-minute time limit this season.
- Games are schedule in 45-minute increments.
Each team will get one timeout per game
- A ball may be played after it has hit the net on a serve, but it may not be blocked or attacked.
- We will not use line judges. Teams are expected to help the officials with close calls. If there is a disagreement the play may be replayed depending on the official's judgement.
- No ghost rule will be in effect. If a team is playing down players they will not be ruled side outs or punished, they will just be playing with less players on the court.
- No libero use is allowed.
- Teams may not play with more than three men at one time. If more than six players are present then you may play them all and they must rotate in (man for man, woman for woman). Teams playing with less than 6 players must designate number of front-line players prior to each game. If you are playing more women than men and a man arrives late, he may rotate in for a woman at center back when ready
- There will be **NO** warm-up between matches, unless ahead of schedule.
- A 5th or 6th person just arriving may enter the game on a dead ball when ready at center back.
- We will play at a net that is 7 feet and 11 inches

LEAGUE CONDUCT

- **Unsportsmanlike conduct will be handled by the officials and vary based on each situation. If the official feels like a player needs to sit out or be ejected, they have the right to make that decision and that decision is final. THERE IS A ZERO TOLERANCE POLICY FOR THIS TYPE OF BEHAVIOR. Each situation will be dealt with on a case to case basis and could result in...**
 - i. Ejection
 - ii. Game Suspension
 - iii. League Ban
 - iv. Banned From all Future Colby Recreation Events/Programs/Leagues.

AWARDS

- Awards will be given to the league champion in each division.



Official League or Tournament Roster **Waiver and Release of Liability**

Team Name: _____ Sport: _____ League: _____
Manager Name: _____ Manager Email: _____
Address: _____ City: _____ State: _____ Zip Code: _____
Phone #: _____ Date Team Paid: _____ Receipt #: _____

Read Before Signing:

In consideration of being allowed to participate in any way in the Colby Recreation Department (CRD) athletic/sports activities, events, leagues, and tournaments, the undersigned acknowledges, appreciates, and agrees that:

1. The risk of injury from the activities involved in the program is significant, including the potential for permanent paralysis and death, and while particular rules, equipment, and personal discipline may reduce the risk, the risk of serious injury does exist;
2. I knowingly and freely assume all such risks, both known and unknown, and assume full responsibility for my participation;
3. I willingly agree to comply with the stated and customary terms and conditions for participation. If, however, I observe any unusual significant hazard during my presence or participation, I will remove myself from participation and bring such to the attention of the nearest official immediately;
4. I, for myself and on the behalf of my heirs, assigns, personal representatives and next of kin, hereby release and hold harmless the CRD and the City of Colby,, Kansas, its officers, elected officials, employees, agents and volunteers, and, if applicable, owners and lessors of premises used to conduct the event, with respect to any and all injury, disability, death, or loss or damage to person or property.

I have read this waiver, release of liability, and assumption of risk, and I fully understand its terms. I understand that I have given up substantial rights by signing it, and I sign it freely and voluntarily without inducement.

	Type or Print Name	Player Signature	Date of Birth
1		I have read the release	
2		I have read the release	
3		I have read the release	
4		I have read the release	
5		I have read the release	
6		I have read the release	
7		I have read the release	
8		I have read the release	
9		I have read the release	
10		I have read the release	
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15		I have read the release	
16		I have read the release	
17		I have read the release	
18		I have read the release	
19		I have read the release	
20		I have read the release	

Managers Verification:

This is to certify that to the best of my knowledge that this roster does not include any assumed names and that each players is eligible to participate in this program:

Managers Printed Name: _____

Managers Signature: _____